

Ballet Rincon

Technique Class Guidelines/Requirements for Ballet Dancers

Level 1: 1 class/week required.

Level 2-3: 1 class/week required, 2 classes recommended.

Level 4-5: 1 class/week required, 2-3 classes recommended.

Level 6: 1 class/week required, 2-3 classes recommended.

Level 7: 3 classes/week required + Level 1 Pointe (by invitation only). *Must attend Level 7 tech, Tues. 4:30*

Level 8: 3 classes/week required + Level 2 Pointe, 4 classes recommended. *Must attend Level 8 tech, Wed. 4:00*

Level 9/10: 4 classes/week required + Level 3/4 Pointe, 5 classes recommended. *Must attend Level 9/10 tech, Mon. 6:30*

As always, we recommend all dancers at Ballet Rincon try a variety of dance disciplines for their most comprehensive training. Please remember ballet is the foundation for all the contemporary dance styles, and dancers enrolled in the ballet program experience the greatest success in their all-around technique.